

# Collaboration of culture in Hong Kong and Japan to keep health and community ~University students can contribute for health and community~

## Culture



Kunihiro Kodama : the college of International Relations in  
Ritsumeikan University

# outline

- introduction

- contents
  - common points
  - collaboration of culture
  - suggestion(hold a programme and an event)

- conclusion

Cultural collaboration and students

make a big impact

to improve problems and strength relationships

Common points

# the average life expectancy

## World ranking

	Men	Women
1	Hong Kong 81.70	Hong Kong 87.66
2	Switzerland 81.50	Japan 87.26
3	Japan 81.09	Spain 85.84



# Population density

Hong Kong 6,607 per1 km<sup>2</sup>

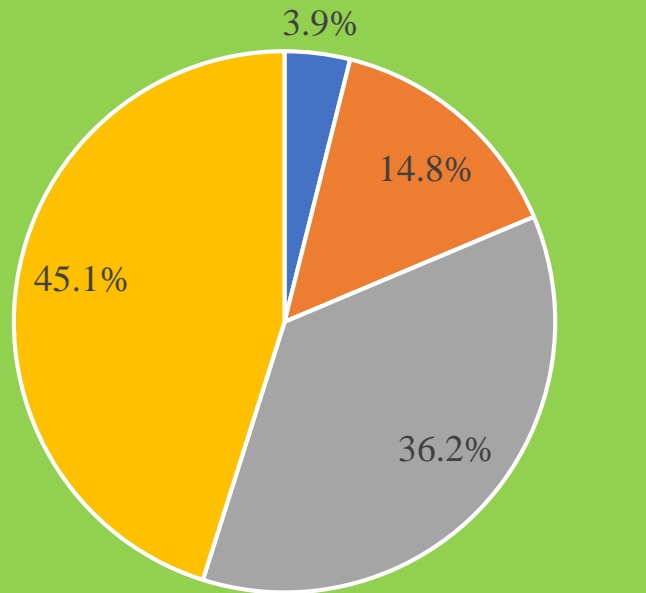
Ministry of Internal Affairs and Communications(2017) 「Statistic of world」  
<https://www.stat.go.jp/data/sekai/pdf/2017al.pdf>

Tokyo 6,278 per1 km<sup>2</sup>

Tokyo Metropolitan Government (2018) 「population of Tokyo」  
<http://www.toukei.metro.tokyo.jp/jsuikai/2018/js181f0100.pdf>

# The problem of weakness of community especially for big cities

Do you have close relations with your neighbors?



■ close relations

■ mildly close relations

■ we have relations but not close

■ hardly or none

← **more than 80%** people don't have close relations with neighbors.

# Kodokushi(Koritsushi)

**(especially for elderly people)**

**no one notices their death**



[https://www.irasutoya.com/2015/07/blog-post\\_53.html](https://www.irasutoya.com/2015/07/blog-post_53.html)



Male

Japan - 2030

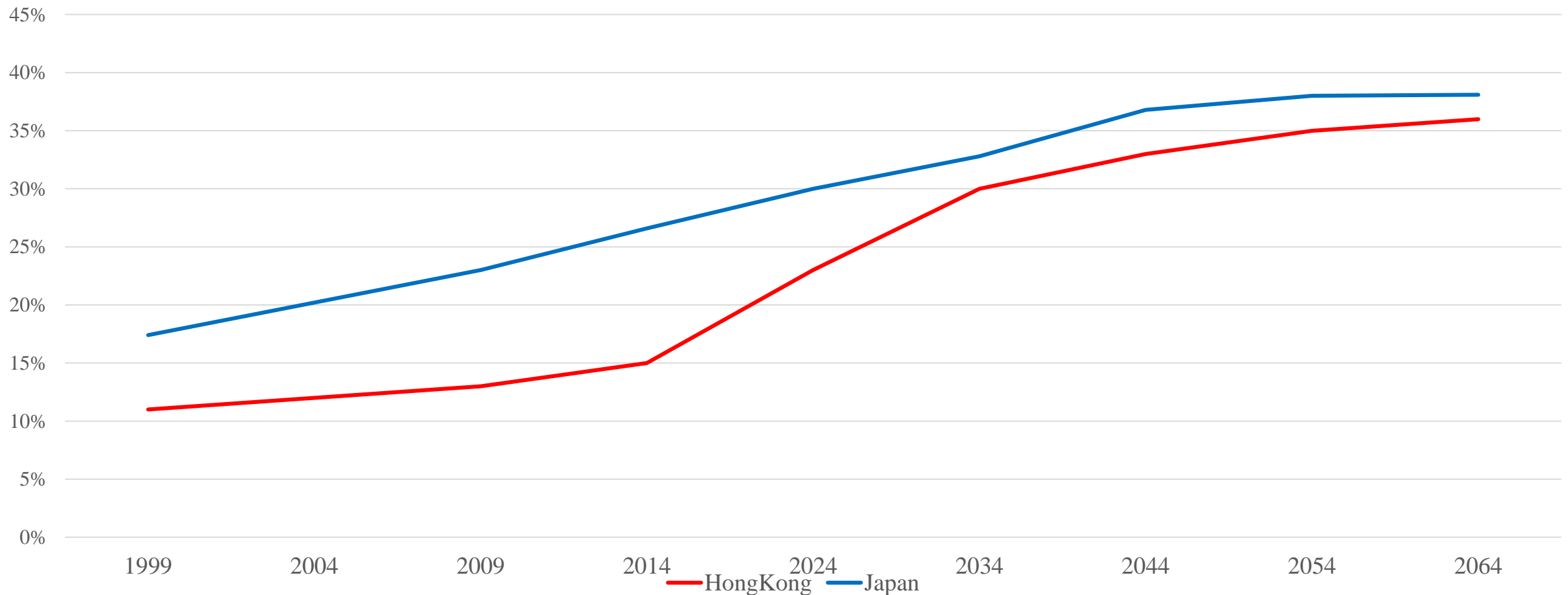
Female



Aging society

Population (in millions)

# Aging society in Japan and Hong Kong



Based on : Cabinet Office 「Annual Report on the Aging Society in 2018」 : [https://www8.cao.go.jp/kourei/whitepaper/w-2018/zenbun/pdf/1s1s\\_01.pdf](https://www8.cao.go.jp/kourei/whitepaper/w-2018/zenbun/pdf/1s1s_01.pdf)  
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# Collaboration of culture

Morning Dim Sum × Radio exercise

# Morning Dim Sum

- ◆ famous as a custom in Hong Kong
- ◆ focus on Dim Sum in morning
- ◆ good for health enjoy talking

An illustration of a family of four (father, mother, and two children) performing a radio exercise. They are all in a similar pose, with one arm raised and bent, and the other hand on their hip. The father is on the left in a blue shirt, the mother is on the right in an orange shirt, and two children are in the foreground in orange and green shirts. They are on a green oval patch of grass. In the background, there are floating musical notes in pink, green, and blue, and a red portable radio on the right. A blue-bordered box at the top contains the title.

# Radio exercise

- **from 6:30am every day**
- **familiar to Japanese people and lasted long time**
- **easy and efficient for keeping health and community**

# Morning Dim Sum

# Radio exercise





Hold a programme and an event for the communities

**programme**

**event**

to be community leaders

to strength communities

# Key concepts

“glocal”

“glocal” :think widely from global scale and act for their local

# In the programme and event ...

Learn their culture each other (Dim Sum in morning or radio exercise etc)

Hold a meeting at regular intervals (share ideas or problems...)  
→good relations will be continued long time.



# Conclusion

**conclusion**

*university students*

**sustainable relations**

*common and different points*

# References

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Thank you for listening!